



2015 Harpswell Recreation Kid & Adult Helmet Sale!

Quality Helmets - CPSC Approved

Bike, Ski & Multi-Sport

**Orders Must be
returned to
Town Office by
December 10, 2015
You will be called to pick
up your order.**

Questions:
Gina Perow 833-5771
recreation@town.harpswell.me.us

Please make checks payable to
The Town of Harpswell

Payment may
also be made
by cash or
credit card in
person at the
Town Office

Town of Harpswell
PO Box 39
Harpswell, Maine 04079
263 Mountain Road

Protect Your Brain. Wear a Helmet.

Do you really need a helmet?

The simple answer is yes. Laws now require helmets in many areas. People are treated in hospital emergency rooms for head trauma and injuries suffered in bike, ski, and horse falls and crashes.

- A bicycle helmet reduces the risk of serious head and brain injury by 85-88%.

You can suffer permanent personality changes and learning disabilities from a brain injury.

- It is estimated that 75 percent of bicycle-related fatalities among children could be prevented with a bicycle helmet.

No one can say for certain that any bicycle accident is totally avoidable or that any injury can be prevented. One thing is certain; wearing a helmet can reduce the risk of injury.

How do I pick one?

Choose a helmet that fits. That's really the most important part. A helmet that also looks great and feels good helps ensure that you will wear it. Always make sure to refer to your manual for adjustment of your helmet for a perfect fit.

*****SEE OTHER SIDE FOR ORDER FORM*****